



Running and Riding



Cross-country Runs XC Run 2020

Event	Date	EA/B2R Affil.	Non EA/B2R	Tick	EoD*
Hop Farm 5k XC 1	Sun, 12-Jan-2020	£ 15	£ 17	<input type="checkbox"/>	£20
Hop Farm 10k XC 1	Sun, 12-Jan-2020	£ 15	£ 17	<input type="checkbox"/>	£20
Hop Farm 5k XC 2	Sun, 02-Feb-2020	£ 15	£ 17	<input type="checkbox"/>	£20
Hop Farm 10k XC 2	Sun, 02-Feb-2020	£ 15	£ 17	<input type="checkbox"/>	£20
Hop Farm 5k XC 3	Sun, 08-Mar-2020	£ 15	£ 17	<input type="checkbox"/>	£20
Hop Farm 10k XC 3	Sun, 08-Mar-2020	£ 15	£ 17	<input type="checkbox"/>	£20

***EoD** = Entry on the day (cash only) - please fill in this form and bring it with you.

Name:		Official use only	Please tick race(s) required above	Total enc. £
Address:				Official use only
Club/Team name:		Date of Birth:		Gender M / F
Email (please print clearly):			Phone Nr.:	
Medical conditions:			Emergency contact Nr.:	
We regret it is no longer possible to accept Postal entries			Please bring this form, filled in, for entry on the day.	
<p>I declare I am or will be over 15 years of age on race day, and I agree the organisers shall not be liable for any injury, accident, loss or damage to myself or anyone else during the event. I am medically fit, and will not take part if I am unwell. I will obey Marshals and the EA/B2R inspired Risk Assessment instructions.</p>				
Signed:..... Date:.....				